



# Authentic Mexican Dishes

- ✓ **Gluten Free**
- ✓ **Fully Cooked**
- ✓ **Clean Labels**
- ✓ **No MSG**
- ✓ **No Trans Fat**



**101 Shredded Carnitas**  
Serving Size 2.4 oz =  
2 M/MA  
Size 4/5 lb



**111 Chile Verde**  
Serving Size 4.25 oz =  
2 M/MA  
Size 4/5 lb



**121 Al Pastor**  
Serving Size 2.74 oz =  
2M/MA  
Size 4/5 lb



**222 Shredded Beef**  
Serving Size 2.75 oz =  
2M/MA  
Size 4/5 lb



**240 Shredded Chicken**  
Serving Size 3.0 oz =  
2M/MA  
Size 4/5 lb



**207-20 Carne Asada**  
Serving Size 2.5 oz =  
2M/MA  
Size 10/2 lb



**303 Chicken Tinga**  
Serving Size 4.25 oz =  
2 M/MA  
Size 4/5 lb



**340 Diced Grilled Chicken**  
Serving Size 2.25 oz =  
2 M/MA  
Size 10/2 lb



**406 Vegetarian Refried Beans**  
Serving Size 1/2 cup = 2 M/MA  
or 2 Vegetable (Size 4/5 lb)



**499 Mexican Rice**  
Serving Size 1 cup = 1.5  
Grain/Bread Alternative  
Size 4/5 lb



**504-5 Salsa de Molcajete Roja**  
Serving Size 2 tb =  
1/4 C Other Vegetable  
Size 3/4 lb



**503-5 Salsa de Molcajete Verde**  
Serving Size 2 tb =  
1/4 C Other Vegetable  
Size 3/4 lb



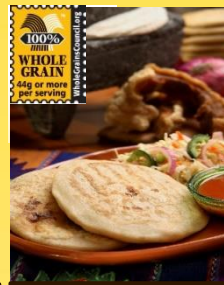
**124 & 783 Chicken Tamales in Green Sauce**  
(124) Serving Size 1 tamale = 2 M/MA & 1.25 eq Bread/Grain (whole grain)  
(783) Serving Size 1 tamale = 2 M/MA & 2 eq Bread/Grain (whole grain)  
Size 12/4 ct & 48/6 oz



**767 Chicken Tamales in Red Sauce**  
Serving Size 1 tamale =  
1.25 M/MA & 2 eq  
Bread/Grain (whole grain)  
Size 48/5 oz



**766 Cheese & Green Chile Tamales**  
Serving Size 1 tamale =  
1.25 M/MA & 2 eq  
Bread/Grain (whole grain)  
Size 48/5 oz



**702 Cheese & Bell Pepper Pupusas**  
705 Bean & Cheese Pupusas  
(702) Serving Size 1 pupusa = 1.25 M/MA & 2 eq Bread/Grain (whole grain) Size 8/5 ct  
(705) Serving Size 1 pupusa = 2 M/MA & 2 eq Bread/Grain (whole grain) Size 8/5 ct



**799 Mini Chicken Tamales in Red Sauce**  
Serving Size 1 Tamale =  
1 M/MA & 1 Bread/Grain (whole grain)  
Size 12/6ct



**747 Cheese & Green Chile Tamale**  
(Serving Size 1 tamale =  
2 M/MA & 2 eq Bread/Grain (whole grain) with Pea Protein) Size 2/5ct

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