

# Cheese & Green Chile Tamales



## Traditional Cheese & Green Chile Tamales



Fully Cooked - Heat and Serve



Heat In Bag Convenience



Clean Labels- 0g Trans Fat, No MSG



Durable Cryovac Packaging

*Made with stone ground masa our tamales are  
delicious and authentic*



**Gluten Free**

5oz Tamales = 1.25 M/MA & 2oz eq  
Bread/Grain (Whole Grain)



### Nutritional Information

Portion Size [oz]	5	Carbohydrate [g]	29
Calories	370	Dietary Fiber [g]	2
Total Fat [g]	24	Sugars [g]	2
Saturated Fat [g]	10	Vitamin A [%DV]	15
Trans Fat [g]	0	Vitamin C [%DV]	15
Cholesterol [mg]	35	Calcium [%DV]	25
Sodium [mg]	470	Iron [%DV]	0
Protein [g]	11		

### Product Information

Product Description	Cheese & Green Chile Tamales
Code #	766
Net Case Weight	15#
Servings Per Case	48
Serving Size	5oz
Packaging	12/4ct
Meal Plan Equivalent	1.25M/MA, 2oz Grain/Bread (Whole Grain)
Shelf Life	50 days refrigerated 270 days frozen

*For more information please visit us at  
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